

Gambling Addiction Treatment and Peer Recovery

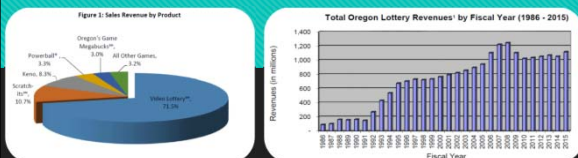
Eric Martin, MAC, CADC III, PRC, CPS
ACCBO, Legislative Liaison
University of Oregon, Adjunct Faculty
Oregon Child Welfare, Staff Instructor

Gambling Counselor Credentialing begins in 1998



- Certification Board
 - Addiction Counselors
 - Began Credentialing of Gambling Counselors in 1998 in conjunction with the National Council on Problem Gambling
 - Began certifying Gambling Peers in 2013
- Executive Director, 1992-2008
- Legislative Liaison, 2009-present

Oregon Gambling Addiction Treatment



- Oregon Lottery voted in (66%) in 1984
- Constitutional Amendment, Directs 1% of lottery profits to treatment & prevention, \$10 million a year
- 90's Established Administrative Rule for Gambling Addiction Treatment Programs (Residential & Outpatient)
- 90's Established Administrative Rule for Gambling Addiction Counselors

Voices of Problem Gambling Recovery



- 2006, Co-founded the advocacy group - VPGR
 - Keeps lottery in check
 - Educate public about gambling addiction
- Gambling Peer Program
 - Link between treatment and the recovery community

Advocacy: Marty Mann



- Bill's Sponsee
- NCA Founder
- "First Lady of Alcoholics Anonymous"

Gambling Peer Services Peer Advocacy



- Training
- Clinical Supervision
- Ongoing skill development (outreach & M.I.)
- Ethics & Boundaries
- Lawful behavior

Advocacy against exploitation of those with Gambling Disorder



Research Team: Michael Razavi, MPH, CADC I, PRC, CPS
 Jeff Marotta, PhD, CGAC II, CADC III
 Eric Martin, MAC, CADC III, PRC, CPS



Michael Razavi, MPH, CADC I, PRC, CPS



Preventionists look at these areas of youth marketing

- Ads Below 3 Feet**
- Ads Directed at youth through their content**
- Placing POS ads next to candy**
- Cross-pollination, branding of unrelated products, music & sports events**

This Portland area study is looking at the percentage of retail outlets with Tobacco and Alcohol ads below 3 feet and ads near candy. Additionally, this study examined the prevalence of Gambling advertisements and products below 3 feet. 23.6% of Oregon youth report playing scratch tickets (AMH, 2006).

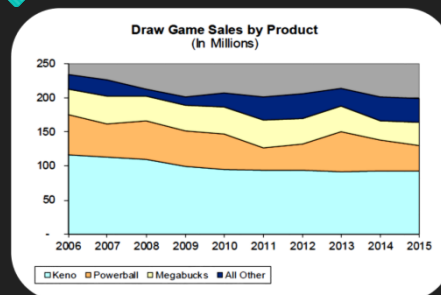


Trends

Before we talk about gambling trends, let's talk about another weird trend

bizarre segue →

Despite most recent fervor over 1.4 Billion Powerball... Draw games are declining



Video Games & Fantasy Football



Fantasy sports revenue
Fantasy sports has grown into a \$1.2 billion industry




Video Games & Fantasy Football





More gambling embedded in kids video games



DSM V

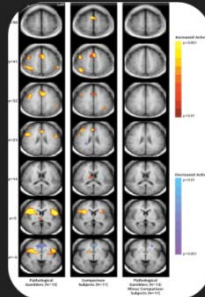
- “Gambling Disorder” moved to substance use disorders section
- Dropped “legal” criteria
- Dropped from 5 criteria to 4 criteria (*will likely produce results closer to SOGS*). Lasieur, 2014

DIAGNOSTIC AND STATISTICAL
MANUAL OF
MENTAL DISORDERS
FIFTH EDITION
DSM-5™

AMERICAN PSYCHIATRIC ASSOCIATION

Small studies reveal brain chemistry characteristics similar to addiction with drugs & alcohol

- Elevated Dopamine
 - Similar to drugs of abuse
- Left Ventromedial Prefrontal Cortex
 - Orbitofrontal Cortex & LvmPFC shows decreased activity in gamblers



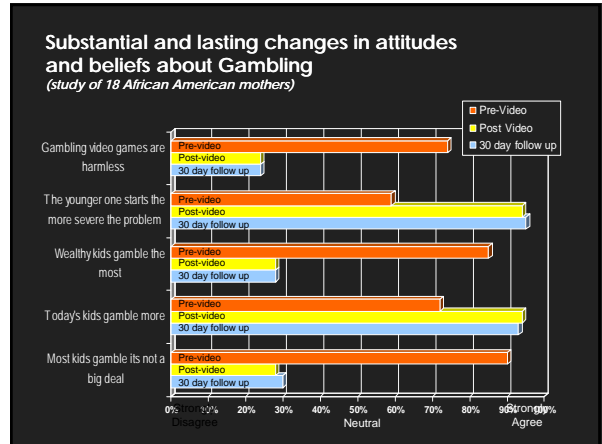
What have we learned in Oregon and from Research regarding treatment of gambling disorders?

- SUD Treatment & Recovery overlaps with Gambling Disorders Treatment & Recovery
- With several major exceptions:
 1. Addressing Fantasy “Dream World”
 2. Money barriers are more important compared to SUD clients
 3. Empirically validated tx models; M.I., Relapse Prevention, G.A. participation, CBT
 4. CBT: must address gamblers fallacy, and luck - spiritual influence
 5. Empirically validated manuals: “Your First Step to Change,” and “Ontario Gambling Decisions”
 6. The Harm Reduction Insight Model, possibly more effective and more palatable to the recovery community.

Gambling Prevention & Outreach Works

African American Youth and Gambling Prevention Video

Study of 18 African American Mothers
 Eric Martin, M.A., MAC, CADC III
 Jeff Marotta, PhD, CGAC II, CADC III



Impact & Outcomes

Pre-video	I have gambled with kids in the past 30 days. <i>(prior to viewing the video and being admitted to substance abuse treatment)</i>	94.5%
Post-video	I will not gamble with kids in the future. <i>(right after viewing the video)</i>	100%
30 day follow up	I have gambled with kids in the past 30 days. <i>(30 days after watching the video)</i>	5.6%

